

NEW AGE MUSIC

INDIA

Titles in alphabetical order

NA-IN1 United States 2004

BABAJI'S CAVE *

NA – Instrumental – Recorded in Caves

Comp: Daniela DELONG

Perf: Daniela **DELONG** (flute)

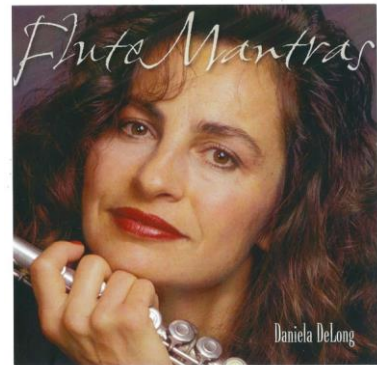
Prod Co: Clarity Recordings

Time: 10:04

CD: FLUTE MANTRAS
Clarity (?) (Tk 2)



Notes: Inspired by and recorded live in this sacred cave located near Ranikhet in the Himalayas of India, during the course of a “meditative instrumental” journey around the world. There is beautiful hillside where Lahiri Mahasaya is said to have first met Mahavatar Babaji and the cave where Lahiri spent a previous incarnation. The cave is gated with a door and on entering one pilgrim noted – “On first look, one could say that 4 to 5 people could easily sit next to each other in the Cave. We noticed that drops of water were trickling down from the cave top, which we attributed to the recent rain. Although YSS has put up a marker, gate and the steps, the cave itself is natural.” (Dhar 2009) However, the photos of the interior of the cave seem to indicate that it is at least partly artificial.



Ref: Daniela DeLong, Flute Mantras CD, CDUniverse

Daniela DeLong, Flute Mantras CD, clarity

Dhar, Gautam & Anupam 2014, In Search of Mahavatar Babaji's Cave, gdhar

NA-IN2 United Kingdom 1993

THE CAVE OF AMARNATH *

NA – Synthesizer – Instrumental

Comp: Phil THORNTON & Steven CRAGG

Rts: New World Cassettes/Phil Thorton/Steven Cragg

Perf: Phil **THORTON** (synthesizer
& ambient sounds)

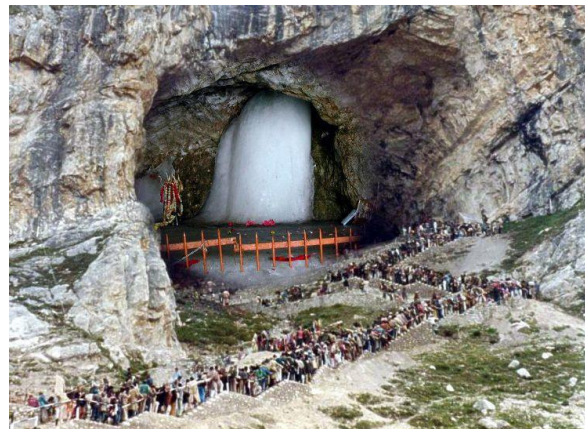
Steve CRAGG (temple bells)

Prod: Phil Thorton & Steven Cragg

Prod Co: New World Co.; Westhall, Halesworth,
Suffolk, England

Time: 1:15

CD: TIBETAN HORN



New World NWCD 243 (Tk 8)

Notes: Located 25 miles northeast of Pahalgam in Kashmir at an elevation of 12,015 feet, the Amarnath Cave has for centuries been a Hindu site of pilgrimage. A huge entrance in the wall of a limestone canyon opens to a cave, roughly 50 meters long, with a spring at the back, which freezes to form a thick ice pillar and ice flow. Shiva, the Hindu lord of destruction, revealed the secret of immortality to his wife, Parvati, in this cave. Hindus regard the ice pillar as a living symbol of the god because it reaches maximum size at the full moon. They leave as offerings on the ice flowers, candy, jewels, coins, and silk and velvet garments.

Using temple bells this unusual short piece creates a solemn, sacred call to worship. Water drops can be heard in the background at various points.

Ref: Amarnath Cave, Places of Peace and Power, [sacredsites](#)

Amarnath Cave Temple, Info, [templedetails](#)

The Amarnath Temple, History, [Wikipedia](#)

Duckeck, Jochen 2015, Shri Amarnath Ji Yatra – Amarnath Cave, [showcaves](#)

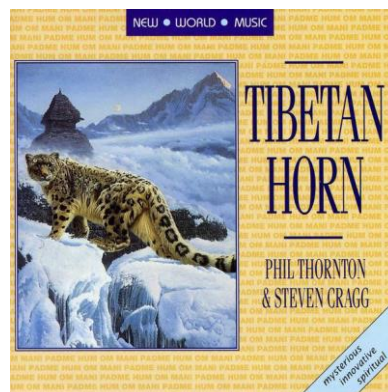
The Holy Cave, Shri Amarnathji Shrine Board, [shriamarnathjishrine](#)

Phil Thorton & Steve Cragg, Tibetan Horn CD, [Amazon](#) (◀AUDIO SAMPLE)

Phil Thorton & Steve Cragg, Tibetan Horn CD, [Discogs](#)

Rand, Christopher 1956, Himalayan Pilgrimage, *National Geographic*, v. 110, n. 4, Oct. 1956, p. 520-535

Roy, Kulwant 1960, Le pèlerinage de la grotte d'Amarnath au Cachemire, *Sciences et Voyages*, n. 169, 1960, p. 50-53



NA-IN3 Germany 2002

CAVE OF BODHIDHARMA'S SATORI *

NA – Chinese – Instrumental

Comp. & Arr: Margot SHANTI

Perf: SHANTI FAMILY & FRIENDS

Margot Shanti [aka. Margot Reisinger] (tsi-tsi – Chinese flute, sitar-guitar)

James Nyoraku Schlefer (shakuhachi)

David Shanti (keyboards)

Oliver Shanti (natural sounds)

Prod: Oliver Serano-Alve & Margot Shanti

Prod. Co: Sattva Music AG; Bernkastel-Kues

Rec. Co: Sattva Unique Sound Studios

Time: 8:42

A. German **CD:** BUDDHA AND BONSAI – VOL. 4
Sattva Music SMA 063 CD (Tk 4)

B. Portuguese **CD:** BUDDHA AND BONSAI – VOL. 4
Costa Verde COS063 (Tk 4)

C. Russian **CD:** BUDDHA AND BONSAI – VOL. 4
White Elephant WEE0212135 (Tk 4)



Ink Painting by Sesshū Tōyō



Notes: Bodhidharma, born in South India in the 5th or 6th century, was traditionally credited as the transmitter of Chan Buddhism to China, and regarded as its first Chinese patriarch. (Anon. n.d.1) “Failing to make a favorable impression in Southern China, Bodhidharma is said to have retreated to the northern Chinese kingdom of Wei to a cave near the Shaolin Monastery where he ‘faced the wall for nine years, not speaking for the entire time.’” (Lin 1996) In one version of the story “after nine years, Bodhidharma ‘passed away, seated upright’” (Lin 1996) In another version “he is said to have fallen asleep seven years into his nine years of wall-gazing. Becoming angry with himself, he cut off his eyelids to prevent it from happening again.” (Maguire 2001) Others add to the legend that his “eyelids fell to the ground and sprouted into China’s first green tea plants.” (Anon.)

2006) "Dharma" means teaching and is another name for the Bodhidharma. "Satori" means a state of sudden spiritual enlightenment or a flash of insight.

The Bodhidharma Cave is situated northwest of the Shaolin Temple. "The cave is 7 meters deep (about 23 feet) and 3 meters high (about 9.8 feet). Inside the cave, there are three stone statues, with Bodhidharma sitting in the middle and his two disciples on both his sides." (Anon, n.d.2) The Shaolin Monastery is on Mount Song (*Sōng shān*), Dengfeng County, Henan province.

Horn-like elongated chords and harpsicord passages introduce a varied wandering theme. At 3:20 a light pattering rhythm enters and wavering echoed passages slowly continue. Then at 6:00 cluster chords tread onward with glitters and a lonesome synth background to fade with light falling water drops.

The [complete sample](#) uses photos of travertine falls and other waterfalls all over the world including easily recognizable Havasu Falls in Arizona and Plitvice Lake Falls in Croatia.

Ref: Anon. n.d.1, Bodhidharma, [Wikipedia](#)

Anon. n.d. 2, Bodhidharma Cave, Shaolin Temple, [shaolin.org.cn](#)

Anon. 2006, Daruma (Bodhidharma) – Father of Zen Buddhism in China and Japan, [onmarkproductions](#)

Bodhidharma, USA Shaolin Temple, [usashaolintemple](#)

Lin Boyuan 1996, Zhōngguó wūshù shǐ, Taipei, Taiwan, p. 182 at Bodhidharma, [Wikipedia](#)

Maguire, Jack 2001, Essential Buddhism, Pocket Books, New York, p. 58 at Bodhidharma, [Wikipedia](#)

Margot Reisinger, Buddha & Bonsai – Vol. 4, [deezer](#) (◀AUDIO SAMPLE)

Margot Shanti, Buddha & Bonsai – Vol. 4, [Discogs](#)

Oliver Shanti, Cave of Bodhidharma's Satori, (8:42), [YouTube](#) (◀COMPLETE AUDIO SAMPLE)

NA-IN4 United States 2004

CAVE OF THE SIDDHARS *

NA – Yoga – Meditation – Instrumental & Vocal

Comp: Ed Wing SANKEY

Perf: **TURIYA NADA**

Nandhi [aka. Tapasyogi Kalathi Adiyen Nandhi] (vocal chant)

Cofe Finkpui (didgeridoo)

Ed Wing Sankey (harp)

Ming Freeman (keyboards)

Christo Pellani (percussions, djembe, & gongs)

Prod Co: Red Lotus Creatives

Liner Notes: (12-page booklet)

Time: 27:00

CD: CAVE OF THE SIDDHARS

Red Lotus Creatives 806838119224 (Tk 4)

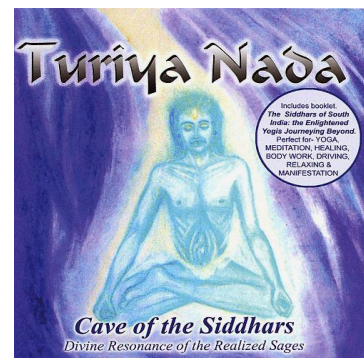
Notes: Regarding the background of this recording we are told – "Near the peak of the sacred mountain, Thiruvannamalai (sic) (South India), at around 3AM, Nandhi was sitting outside the cave listening to Ayya sing in his Divine voice. The Sage, Ayya, had been, and is still, meditating in his cave without moving for 17 years drinking just a cup of milk a day. He lives in a realm of existence called 'Turiya,' a higher consciousness that transcends the need to sleep or eat and is bound by the laws of the physical world. Ayya was in ecstasy as he sang through the night. Nandhi quietly wished deep in his heart for this ancient resonance of the heart's song to be brought out to the world. In fulfillment, Nandhi was directed to America where a confluence of extraordinary musicians were inspired to create the Turiya Nada CD. (Anon. n.d.)

A scholarly source tells us – "Tiruvannamalai [correct spelling] is a place where sadhus, sages, and seers have come for thousands of years to meditate in the caves that pocket the holy mountain Arunachala – a mountain believed by many to be the embodiment of Lord Shiva himself." (Caplan, n.d.) Tiruvannamalai is located in the Tamil Nadu State between the inland city of Bangalore and the coastal city of Puducherry.

There are several small caves on Mount Arunachala: Virupaksha Cave, Godman's Cave, Seven Spring's Caves, Papaji's Caves, Aum Amma's Cave, Kattu Siva Cave, etc. (Harsha 2008)



NANDHI





Godman's Cave

Papaji's Cave 2

Aum Amma's Cave

Kattu Siva Cave

A 2-minute Internet audio clip provided a high-pitched tone continuously held, occasional distant background noises, a small gong, chanting, etc. This could give but a very insignificant notion of the entire 27-minute piece.

The CD includes 12-page booklet including the chants and an insight into the mystical yogi traditions.

Ref: Anon. n.d., Ganesha's Favorite Links to Eastern Wisdom, Ramana Maharshi, Turiya Nada, [cosmicharmony](http://cosmicharmony.com)

Arunachala, Info, [Wikipedia](http://Wikipedia.org)

Caplan, Mariana n.d., Tiruvannamalai, California Institute of Integral Studies, (No longer online), ciis.edu/news

Harsha 2008, Caves of Arunachala, [luthar](http://luthar.com)

Nandhi, Short Bio & other musicians on album, [yogadownload](http://yogadownload.com)

Turiya Nada, Cave of Siddhars, [Amazon](http://Amazon.com) (◀AUDIO SAMPLE)

Turiya Nada, Cave of Siddhars, [CDBaby](http://CDBaby.com) (◀AUDIO SAMPLE)

Turiya Nada, Cave of Siddhars, [Discogs](http://Discogs.com)

Turiya Nada, Cave of Siddhars, [yogadownload](http://yogadownload.com) (◀AUDIO SAMPLE)

Turiya Nada – Music of Inner Fire, [nandhi](http://nandhi.com)

Weber, Gary 2010, Virupaksha Cave – Four Hour Shakti Experience, happinessbeyondthought.blogspot.fr

NA-IN5 United States 1990

THE MALABAR CAVES

NA – Synthesizer

Comp: David ARKENSTONE

Rts: Nara Music (BMI)

Perf: David ARKENSTONE (synthesizer)

Daniel Chase (percussion)

Prod: Eric Lindert & David Arkenstone

Prod Co: Narada Productions Inc.; Milwaukee, WI

Rec. Co: TMF Communications; Toluca Lake, CA

Rec. Date: May-Oct. 1989

Liner Notes: Anon.

Time: 3:28

A. American Releases:

1. **LP:** CITIZEN OF TIME

Narada Mystique N-62008

12" 33rpm (Sd 1 – Bd 5)

2. **CD:** CITIZEN OF TIME

Narada Mystique ND-62008 (Tk 5)

B. South Korean **LP:** CITIZEN OF TIME

Narada Mystique LP-2008

12" 33rpm (Sd 1 – Bd 5)

Notes: This composition is described –"Faint echoes beckon him deep into the mysterious caves of India. He ponders the glow of unexplained lights, senses the peril of a Theta trap, and swims a darkened river, which soon becomes a churning cascade that spills him into daylight."

The number starts out with a haunting keyboard, then ripples and a tom-tom drum lead to more moody woodwind passages. At 2:26 another theme is briefly introduced before fades.

Today the Malabar coast extends from Goa to Cape Comorin on India's southern tip, along the whole southwestern shore of India. The Malabar Caves should not to be confused with the fictional Marabar Caves in E.M. Forester's novel, *A Passage to India*.



These Malabar Caves also seem to be fictitious for today there are no important caves known along this coast, outside of the Edakkal Caves, two Neolithic petroglyph art caves, natural tectonic caves located 25 km from Kalpetta in the Kerala State in the Western Ghats mountain range. "Inside the cave, you can see two chambers. The lower chamber is 18 ft. long, 12 ft. wide and 10 ft. high and the upper chamber is 96 ft. long, 22 ft. wide and 18 ft. high. You can sight carvings of human, animal figures and objects used by humans, on the walls of the caves." (Thachapilly 2017)



Edakkal Caves



Elephanta Caves

However, in the 19th Century the Malabar Coast encompassed the entire western coast of peninsular India, including what are today called the Elephanta Caves, located further up the coast from Goa on Elephanta Island in the bay of Mumbai (Bombay), 9 km. (by ferry) northeast of Gateway to India at Mumbai. The original name of this island was Gharapuri (Place of Caves). Believed to have been constructed between 750 and 450 B.C., the caves consist of man-made chambers cut out of volcanic rock with flat ceilings supported by several pillars. These temples were mostly Brahman but some of the sculptures near the entrances are Buddhist. On the walls inside are bas-reliefs depicting mythic scenes in the life of the Hindu god, Shiva.

Ref: Badin, Adolphe 1876, *Grottes et cavernes*, Lib. Hachette, Paris, p. 30-35

David Arkenstone, Bio, [musicianguide](#) & [Wikipedia](#)

David Arkenstone, Citizen of Time CD, [Amazon](#) (◀AUDIO SAMPLE)

David Arkenstone, Citizen of Time LP & CD, [Discogs](#)

David Arkenstone, The Malabar Caves, (3:28), [YouTube](#) (◀COMPLETE AUDIO SAMPLE)

Edakkal Caves, Info, [Wikipedia](#)

Elephanta Caves, Info, [Wikipedia](#)

Fleuriot de Lange, Alphonse, Voyage au Malabar, *Le Tour du Monde*, v. 8, 185 liv., 1859, p. 43-48

Mistry, Champaklal Dajibjai 2010, Edakkal Caves in Kerala, India, [prajapati-samaj.ca](#)

Thachapilly, Vishnu 2017, Edakkal Caves, History, [quora](#)

caveinspiredmusic.com